

SAFETY MEETING TOPIC

This form shall be completed and kept on file

Job Name _____ Location _____ Job No. _____
Meeting Leader _____ Title _____
Date Held _____ Place _____ Time _____
Subject of Meeting FIRST AID FOR EYE ACCIDENTS

Of all of our five senses (sight, hearing, touch, smell and taste) and the parts of our bodies we use for each, our eyes are probably the most useful and also the most sensitive. Statistics indicate that eye injuries are the most prevalent in the workplace. Consequently, we should be knowledgeable about how to react to eye injuries.

Never rub your eye when a foreign object has entered it. You could scratch the eye or embed the object deeper. In fact, you should never put your hands near your face or eyes unless you are certain they are clean.

Do not attempt to remove the particle or object. Leave that to the medical profession.

Cover both eyes and get the injured to medical help as quickly as possible. Tell the person to try not to move their eyes, even though they are covered.

If the injury to the eye(s) has been caused by chemicals, flush the eye(s) with clear water for at least 15 minutes. Then cover the eye(s) and get immediate medical attention. If a prepared flushing solution is used from a bottle, dispense with any solution that may remain and also dispense of the eye cup that was used.

To avoid injuries to your eyes use common sense and wear eye protection at all times possible making sure it is the correct eye protection.

If you wear contact lenses, you should be aware that they ARE NOT eye protectors. A solid particle or liquid could get between the lens and your eye and create a worse situation than if you did not have contact lenses.

PROTECT YOUR EYES. MAKE SAFETY A MAJOR WORK HABIT.